

Bustin' Loose

Choreographed by: Scott Blevins
4 Wall Line Dance - 48 Counts
Music: Slow Me Down by Shelby Lynne

- 1- 4 Bump hips to the right side 4 times and clap on count 4
5-8 Bump hips to the left side 4 times and clap on count 8
- 1-4 Rolling vine to the right, Touch Left foot next to Right
5-8 Rolling vine to the Left, Brush Right foot next to Left
- 1&2 Shuffle forward Right, Left, Right
3-4 Step forward onto Left, Pivot ½ turn to the right
5-6 Step forward onto Left, Pivot ½ turn to the right
&7-8 Step Left out to left side, Step Right out to right side, Clap hands
- 1-2 Counter clockwise grind for two counts
3-4 Bounce Right heel for two counts
5&6 Angle right and shuffle in place Right, Left, Right
7&8 Angle left and shuffle in place Left, Right, Left
- 1&2 Stay angled to left as you do a Right Kick-ball-change
3&4 Stay angled to left as you do a Right Kick-ball-change
5-6 Cross Right in front of Left, Straighten out to face forward as you kick Left foot out to left side
7-8 Cross Left in front of Right, Kick Right out to right side
- 1-2 Cross Right in front of Left, Unwind ¾ turn to left with weight ending on Right
&3-4 Left foot forward (&), Right foot out to right side (3), Clap hands (4)
&5-6 Step back on Left foot (&), Right heel dig out forward and diagonally right (5), Body roll to bring weight onto Right foot (6)
7-8 Cross Left foot in front of Right, Unwind ½ right turn