

# Nice and Slow

Choreographed by Scott Blevins (May 2012)

32 Count 4 Wall Intermediate Nightclub Two-Step line dance  
Choreographed to "Soldier" by Gavin DeGraw, Album: "Sweeter"  
16 count intro to start 1 beat before lyrics



## 1-8 SIDE, ½ RIGHT, ½ RIGHT, TORQUE, ¼ LEFT, STEP, PIVOT, ¼ LEFT, L BEHIND, TOGETHER, SIDE

- 1,2& 1) Step R to right; 2) Turn ½ right stepping L next to R; &) Turn ½ right stepping R to right  
3,4 3) Rotate body to right from waist up, while bending Right knee and pointing L toe to left;  
4) Turn ¼ left stepping forward on L [9:00]  
5&6 5) Step R forward; &) Pivot ½ left over left shoulder taking weight on L [3:00]  
6) Turn ¼ left stepping R to right [12:00]  
7&8 7) Step on ball of L behind R; &) Step on ball of R next to L; 8) Step L to left

## 9-16 ½ ROCK, RECOVER, ½ LEFT, L BEHIND, R ACROSS, SIDE, ROCK, RECOVER, SIDE, L ACROSS, UNWIND

- 1,2 1) Turn ½ left rocking on R to right side pushing hip over R foot; 2) Recover weight to L [6:00]  
3,4& 3) Turn ½ left and step R a large step to right [12:00]; 4) Step on ball of L behind R;  
&) Step R across L  
5,6& 5) Step L a large step to left; 6) Rock R across L; &) Recover weight back on L  
7,8& 7) Step R a large step to right; 8) Step ball of L across R; &) Unwind 1 full turn to right taking weight on R [12:00]

## 17-24 SIDE, BEHIND, ¼ LEFT, STEP, PIVOT, FWD, STEP, STEP, ROCK, RECOVER, ¼ RIGHT, L ACROSS, UNWIND

- 1,2& 1) Step L to left; 2) Step R behind L; &) Turn ¼ left stepping forward on L [9:00]  
3&4 3) Step R forward; &) Pivot ½ turn left, rotating hips counter clockwise  
4) Take weight forward onto L foot [3:00]  
5&6& 5) Take a small step forward on R bending knees slightly and pushing knees to right;  
&) Take a small step forward on L bending knees slightly and pushing knees to left;  
6) Rock forward on R; &) Recover back on L  
7,8& 7) Turn ¼ right over R shoulder stepping R a large step to right; [6:00] 8) Step ball of L across R;  
&) Unwind 1 full turn to right taking weight on R [6:00]

## 25-32 SIDE, R BEHIND, ¼ LEFT, STEP, PIVOT, SIDE, L BEHIND, SIDE, L ACROSS, STEP, PIVOT

- 1,2& 1) Step L to left side; 2) Step R behind L; &) Turn ¼ left stepping forward on L [3:00]  
3,4 3) Step R forward; 4) Pivot ¾ turn left over L shoulder taking weight onto L [6:00]  
5&6& 5) Step R to right; &) Step L behind R; 6) Step R to right; &) Step L forward and across R  
7,8 7) Step R forward; 8) Pivot ¾ left over L shoulder taking weight on L [9:00]

Begin Again and Enjoy!

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