

Rock This

Choreographed by Scott Blevins (October 1996)

48 Count 4 Wall Intermediate line dance

Choreographed to "Rocky Top 96" (Championship Mix) by The Osborne Brothers

Album: "Rocky Top 96"

16 count intro of banjo, start when the beat kicks in.



1-8 STEP, DRAG, STEP, DRAG, BACK R-L-R-L

- 1 1) Step right foot forward at a 45 degree angle right while bending knees slightly and dipping hips
- 2 2) Drag left foot to right foot straightening knees and clapping at the same time (weight on right)
- 3 3) Step left foot forward at a 45 degree angle left while bending knees slightly and dipping hips
- 4 4) Drag right foot to left foot while straightening knees and clapping at the same time (weight on left)
- 5-8 5,6,7,8) Walk back right, left, right, left

9-16 TRIPLE STEP, COASTER ¼ TURN, STEP, PIVOT ¾, STEP, DRAG AND CLAP

- 1&2 1) Step right foot to right side; &) Step left foot next to right foot; 2) Step right foot to right side
- 3&4 3) Step left foot back; &) Step right foot next to left foot; 4) Turn ¼ left stepping left foot forward
- 5-6 5) Step right foot forward; 6) Pivot ¾ turn left taking weight on left
- 7-8 7) Step a large step right with right foot; 8) Drag left foot to right foot and clap at the same time (weight on right)

17-24 TRIPLE STEP, COASTER ¼ TURN, STEP, PIVOT ¾, STEP, DRAG AND CLAP

- 1&2 1) Step left foot to left side; &) Step right foot next to left foot; 2) Step left foot to left side
- 3&4 3) Step right foot back; &) Step left foot next to right foot; 4) Turn ¼ right stepping right foot forward
- 5-6 5) Step left foot forward; 6) Pivot ¾ turn right taking weight on right
- 7-8 7) Step a large step left with left foot; 8) Drag right foot to left foot and clap at the same time (weight on left)

25-32 HIP BUMPS RIGHT 2X, HIP BUMPS LEFT 2X, SLOW HIP GRIND, FAST HIP GRINDS

- 1-2 1,2) Step right foot a small step to right and bump hips right 2X,
- 3-4 3,4) Bump hips left 2X
- 5-6 5-6) Keeping weight on left, grind (circle) hips anti-clockwise one rotation over two counts
- 7-8 7-8) Grind (circle) hips anti-clockwise two rotations over two counts (weight on left)

33-40 ROCK, RECOVER, ROCK BACK, RECOVER, STEP, TURN, POINT & POINT

- 1-2 1) Rock forward with right foot; 2) Recover weight on to left foot
- 3-4 3) Rock back with right foot; 4) Recover weight on to left foot
- 5-6 5) Step forward with right foot; 6) Turn ½ left on right foot (keeping weight on right)
- 7&8 7) Point left foot to left side; &) Step left foot next to right foot; 8) Point right foot to right side

41-48 TOE POINTS, ¼ TURN KICK-BALL-CHANGE, STEP, PIVOT, STOMP

- &1 &) Step right foot next to left foot; 1) Point left foot to left side
- 2-3 2) Point left foot across and in front of right foot; 3) Point left foot to left side (weight on right)
- 4&5 4) Make a ¼ turn right on right foot while kicking left foot forward; &) Step ball of left foot next to right foot; 5) Change weight to right
- 6-7-8 6) Step forward with left foot; 7) Pivot ½ turn right taking weight on right; 8) Stomp left foot next to right foot and clap at the same time (facing 3:00 O'clock)

Begin Again and Enjoy!