

# ***RIDE THAT TRAIN***

4 - Wall Line Dance - 40 Counts

Choreographed by Scott Blevins, Highland IN, (219) 922-6398

Music: C'mon Ride It by The Quad City DJ's

## **Right Twist & Twist & Together, Clap**

- 1 Step R foot to right and with weight on balls of both feet twist heels to right
- &2& Twist both heels center, twist heels right, twist heels center
- 3,4 Step R foot next to L foot (with weight); Clap hands

## **Left Twist & Twist & Together, Clap**

- 5 Step L foot to left and with weight on balls of both feet twist heels to left
- &6& Twist both heels center, twist heels left, twist heels center
- 7,8 Step L foot next to R foot (with weight); Clap hands

## **Right & Left & Forward & Back**

- 1& Touch R toes to right side; Step R foot next to L foot
- 2& Touch L toes to left side; Step L foot next to R foot
- 3& Touch R heel forward at 45 degree angle; Step R foot next to L foot
- 4& Touch L toes back at 45 degree angle (weight stays on R foot)

## **1/4 Left, Forward, Back, Forward**

- 5 Keep weight over R foot and L foot back; turn 1/4 to left on ball of R foot.
- 6,7,8 Shift hips forward, back, forward (weight ends on L foot)

## **Step, Slide, Step, Together**

- 1,2 Step R foot to right side; Slide L foot next to R foot
- 3,4 Step R foot to right side; Slide L foot next to R (weight changes to L foot)

## **Kick & Heel & Cross, Step**

- 5& Kick R foot forward; Step R foot next to L foot
- 6& Touch L heel forward; Step L foot next to R foot
- 7,8 Cross step R foot in front of L foot; Step L foot to left side (shoulders width apart); weight is on both feet

## **Hip Bumps Back, Hip Bumps Forward, Grind**

- 1&2 Bending slightly forward at waist, bump hips side to side
- 3&4 Bending slightly back at waist, bump hips side to side
- 5,6,7,8 Grind hips CCW for 4 counts, ending with weight on L foot

## **Step Forward, Hip Bumps, Step Back, Hip Bumps, Step Together, Hip Bumps**

- 1,2 Step R foot forward & bump R hip to right at same time; Bump R hip to right again
- 3,4 Shift weight to L foot & bump L hip to left at same time; Bump L hip to left again
- 5,6 Step R foot back & bump R hip to right at same time; Bump R hip to right again
- 7,8 Step L foot next to R foot & bump L hip to left at same time; Bump L hip again

## ***BEGIN AGAIN !***

NOTE: Suggested Country songs for this dance are "High, Low And In Between by Mark Wills or "Measure Of A Man" by Kevin Sharp. They are slower but work well!